

If you leave home, know your Ws!



The infographic is divided into three vertical sections by dotted lines. The first section shows a line drawing of a cloth face mask with the word 'WEAR' in large purple letters, followed by 'a cloth face covering.' in smaller black text. The second section shows two black silhouettes of people standing apart, with a horizontal line between them labeled '6 FEET' in purple, and the word 'WAIT' in large purple letters, followed by '6 feet apart. Avoid close contact.' in smaller black text. The third section shows a line drawing of hands being washed with purple dots representing water, with the word 'WASH' in large purple letters, followed by 'your hands often or use hand sanitizer.' in smaller black text. At the bottom of the infographic is a dark blue banner with the text '@NCDHHS' on the left and '#StayStrongNC' on the right in white.

If you leave home, practice your Ws: **Wear, Wait, Wash**

- Wear a cloth face covering if you will be with other people
 - Stay home if you are sick or have been tested
- Wait 6 feet apart. Avoid close contact.
- Handwashing for 20 seconds, especially after touching possibly contaminated surfaces, is the preferred measure. But if not readily available, hand sanitizer (at least 60% alcohol) should be used.
- Have a plan to frequently check availability of soap, hand drying materials, and hand sanitizer.

All North Carolinians are encouraged to share this message in their businesses and through their organizations to protect our families and neighbors as the state takes a cautious step forward while the virus is still circulating.

